SPUD

A Free-For-All Fiasco!

Overview

- # of Participants: **6-30**
- Where to Play: **Indoors**
- Age of Participants: **Elementary/Middle / High School**
- Approximate Time to Play: 1**5 to 30 minutes**
- Materials: **1 Dodgeball**

Summary

- Each player is given a number, starting at one.
- Play begins in a circle. The leader throws a dodgeball in the air and shouts out a number.
- The person whose number was called must catch the ball and yell “freeze”.
- Remaining players will run away from the circle until they hear the catcher yell “freeze”.
- The person whose number was called gets players out by taking three leaps and then throwing the ball at other players.

How to Play

Give everyone a number from one to however many people are playing the game. The leader will hold the dodgeball in the center of a circle, and everyone else will lightly place their hand on top of the ball. The leader then throws the ball up in the air, and shouts a random number of one of the other players. Players will run away from the circle, except for number seven. They must catch the ball and immediately yell “freeze”. All runners will need to freeze and keep their feet planted on the ground. The goal of number seven is to throw the dodgeball and try to hit someone with the ball. The thrower can take up to three leaping steps towards any of the frozen players they would like to make their target, and take aim. The only movement frozen players can make is to pick up their feet and dodge out of the way in one fluid motion. Players who are dodging the ball are only allowed one movement. If they move their feet from where they were originally planted, they are now stuck in this new position, and you could be at the mercy of an easy throw.

You can play that if you get hit by the ball, then you’re out, but generally it’s more fun for everyone if you just get to play the entire time. You could work out a scoring system, but honestly, just playing the game is lots of fun. Whoever was the thrower during the last round will be the person that calls out a number this time, and you can keep playing as many rounds as you like.

Watch the
Video Explanation Here!