Tick Tock Boom

Pass the ball or EXPLODE!

Overview

- ★ # of Participants: **Any**
- ★ Where to Play: **Indoor / Outdoor**
- ★ Age of Participants: **Elementary/Middle/High School**
- ★ Approximate Time to Play: **10-30 minutes**
- ★ Materials: **Dodgeball, Cones or Painter's Tape (Optional)**

Summary

- ★ Players stand in a circle, with the "Detonator" standing in the middle, passing the ball clockwise
- ★ The Detonator covers their eyes and counts down by saying "Tick, tock, tick, tock, tick..." randomly saying BOOM!
- ★ The person holding the ball is eliminated, but sits down in place, create larger gaps between players
- ★ The last player standing wins the game

How to Play

Players form a large circle, each person standing roughly five feet from their neighbors. To help players from accidentally drifting from where they started, it's recommended to place a small piece of tape by each person's feet.

Choose one person to stand in the center of your circle, that player is known as the *Detonator*. Hand a throwable ball (like a dodgeball) to someone standing in the circle, and instruct them to start passing the ball around the circle clockwise. As soon as the ball is in motion, the Detonator covers their eyes and **starts saying "Tick... Tock... Tick... Tock..."** Everyone will frantically try to dump the ball off to the person beside them, because at some point the Detonator will suddenly shout BOOM!

If you're holding the ball when the detonator says *boom*, then you've been eliminated, and you need to sit down in place. If the ball was midair, whoever was closest is eliminated instead. And if someone fumbles the pass, they're in charge of retrieving it and keeping the game moving. The leader can step in as needed to referee.

Here's the trick, as players drop out, everyone else stays in the exact same spot, meaning that every round the gaps between the remaining players gets bigger and bigger. As the Detonator you can have some fun with your countdown... you may choose to speed up and get louder... only to slow back down. Or you may choose to really catch people off guard by suddenly saying BOOM after luring everyone into a false sense of security with a lot of calm tick-tocking. Every round the suspense rises as more and more people are eliminated and the gaps get bigger and bigger until only one player remains, making them the winner!

Watch the Video Explanation Here!