



# Longball Chaos

Kickball, but everyone runs at once!

## Overview

- ★ # of Participants: **6 to 40**
- ★ Where to Play: **Indoors**
- ★ Age of Participants: **Middle / High School**
- ★ Approximate Time to Play: **15-45 minutes**
- ★ Materials: **Painter's Tape, Kickball/Dodgeball, a tall cone (optional), a baseball bat (optional)**

## Summary

- ★ Hit or kick the ball from the tee, the batter *must* run to first base, anyone else is *allowed* to.
- ★ Runners earn 1 point for each completed lap.
- ★ If *any* runner gets hit while between bases, that's zero points for the batting team.
- ★ There's only one out per inning, play for seven to ten innings!

## How to Play

Place two lines of painter's tape about 60 feet apart from each other on the floor of a large space, like a basketball court. Everything on the close side of the first line we'll call "home plate", and anything on the far side of the other line is "first base".

Divide your group into two even teams: the infield and the outfield. This game involves placing a dodgeball on top of a large cone to act as a tee, and then hitting it with a bat, but if you don't have those materials you can simply play this game as a variation of kickball. When the game starts, the infield selects one player to be the first batter. Their goal is to hit the ball off of the tee, and try to run to first base without being tagged by the ball, and eventually make it back to home plate.

While the batter is required to go for at least one base, anyone else from the infield is allowed to run as well. You can either run to first base, and then stay there, or you can try to make it all the way back to home plate in one go. Every person that makes it back home successfully earns a point for their team, but the twist is that if anyone is hit by the ball while running between bases, then no runs from that at-bat count. Additionally, there is only one out per inning, so if anyone from the infield team is hit while running, teams switch sides immediately.

What you'll find is that most times a player gets hit, it's for one of two reasons. Either the batter had a bad hit, but because they are the only one required to run, the outfield has an easy time getting them out. Or, more likely, one of the runners gets greedy and tries to make it all the way home, only to get hit inches before safety, forcing their whole team into the outfield. Play for seven to ten innings, and the team with the most points at the end are the winners!



Watch the  
Video Explanation Here!