



Salsa Two Ways!

Your group will either slice and dice,
or smash and trash their way through this experience.

Overview

- ★ # of Participants: Ideally **4 to 20**
- ★ Where to Play: **Indoors/Outdoors**
- ★ Age of Participants: **Middle School / High School**
- ★ Approximate Time to Play: **20 to 45 mins**
- ★ Materials: **Salsa Ingredients, Kitchen Supplies** (see QR code below)

Summary

- ★ Divide teams into a "messy" and "clean" group
- ★ Give both teams the salsa ingredients
- ★ Give the "clean" team kitchen supplies as well
- ★ Read out the salsa recipe outloud to both group, one instruction at a time
- ★ Once groups are finished, taste their handiwork!

How to Play

You need salsa ingredients for both groups, and kitchen supplies for one group. See the link at the bottom of the document for a salsa recipe and recommendations for kitchen supplies.

Split your group up into two teams. For this activity I love asking them to line themselves up from people who consider themselves to be messy, to those that consider themselves to be clean.

Tell the group that they will be making salsa, and that they will be given all of the materials necessary to complete the dish. Set up two stations in the same room, but ideally not right next to each other. Give the "clean" group all of the ingredients and all of the kitchen supplies, but give the "messy" group *only* the ingredients. Mention that they aren't allowed to go get anything else outside of what they've been given, but don't say anything about whether or not they're allowed to share.

Read through the directions one step at a time, and you will end up with two very different styles of salsa! Have an advisor watching both groups, and depending on the age you're working with you may even consider doing anything with the knife yourself. Finish up the game with a taste test of the salsa creations!

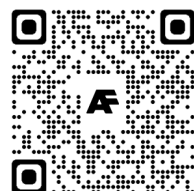
Tips!

Note that the messy group is going to have a very hard time with this, especially compared to the other group. It's up to you how hard you want to nudge the clean group to share the utensils with them, but just know that it's definitely possible to complete the whole recipe as the messy group

If you're using corn in your salsa, use canned corn instead of bagged. Trying to open a can of corn with no can opener is a fun problem for your messy group to solve!



Link to Salsa Recipe
and Materials



Watch the
Video Explanation Here!

Discussion Opportunity

Optional: There is a deeper meaning to this game about sharing and helping others that you can go over with your group. Some sample discussion questions are below:

Who was first to notice that the messy team was missing tools? How did they feel? Was anyone jealous? If the clean team didn't share their tools, why not?

Emphasize this: Often in life we have an opportunity to help others with only minor inconvenience to ourselves, but we don't. In the game, it cost next to nothing for the clean team to lend their utensils out, but it would help the messy team tremendously. Sometimes we are too afraid, or lazy, or uncomfortable to step up, but the impact of doing so may be bigger than we realize.