



Nausea by the Foot!

You will need strong resolve and an even stronger sweet tooth to win this game

Overview

- ★ # of Participants: **4+**
- ★ Where to Play: **Indoors/Outdoors**
- ★ Age of Participants: **Elementary School / Middle School / High School**
- ★ Approximate Time to Play: **10 to 30 minutes**
- ★ Materials: **Fruit by the Foot (2 per person)**

Summary

- ★ Set up single elimination bracket
- ★ Give each matchup their Fruit by the Foot
- ★ Have players unwrap the candy and leave it dangling from their mouths
- ★ Without using their hands, the first person to eat the candy wins the matchup
- ★ The last player left standing wins!

How to Play

In this game participants will race to eat Fruit by the Foot as fast as possible without using their hands. To set this game up, you will need to generate a single-elimination bracket. A fun way to do this is to set up a row of chairs and let participants sit wherever they want. The order they choose to sit in determines the order for the bracket, as each pair of chairs will be the matchups for the first round.

Call up the first two chairs, and give them each a Fruit by the Foot. Have them open it, take the candy off of the paper, and place the very end in their mouths with the rest hanging in front of them. By using *only* their mouths, they need to pull the Fruit by the Foot up, and eat the whole thing. The first person to swallow all of their candy and show their open mouth advances to the next round.

Call up the next pair of chairs for the second matchup and so on. Winners advance to the next round until there is only one player left standing. When someone wins the final round, give them the extra Fruit by the Foot as their prize (if they can even look at it at this point)!

Tips!

To speed up the game, give the next two competitors their Fruit by the Foot while the previous match is going on, so that they have a chance to open it and take the candy off of the wrapper.

If you don't have a perfect number of people, you can either give some people byes in the first round, or you can have a final with three people, or a combination of the two.

Lastly, if you have a really big group, consider running two matchups at the same time.

Watch the
Video Explanation Here!

