



Giant Gaga!

Here's how you can supersize an already popular game to give your group a high-energy and crazy time!

Overview

- ★ # of Participants: Ideally **6 to 30 people**, but can be any number
- ★ Where to Play: **Indoors**
- ★ Age of Participants: **Middle School / High School**
- ★ Approximate Time to Play: **20 to 45 minutes**
- ★ Materials: **Exercise Ball**

Summary

- ★ Set up large play area with at least four walls and use large exercise ball
- ★ Players try to hit each other with the ball from the waist down to get each other out
- ★ Players who are hit must sit down where they are, but can still hit the ball
- ★ Last person standing wins

How to Play

If you're not familiar with the rules of regular gaga, here is a quick rundown. Normally this game is played in a small octagon or hexagon, and it's every man for himself. The ball is thrown into the middle of the arena, and everyone must continue touching one of the walls until the third bounce. Then, using your hands, you try to hit the ball into the lower body of the other players. If the ball touches you below the knee at any time for any reason, you step out of the octagon. The only other way to get out is if the ball flies out of the arena, in which case whoever touched the ball last is out. Once you touch the ball with your hand, you can't touch it again until it has either hit someone else's hand or it bounces up against the wall. The last person standing wins!

Giant Gaga uses all of the same rules as gaga, except the play area and ball size are different. Instead of playing in a small octagon, Giant Gaga can be played in any large space with four (or more!) walls and a large ball. We used half of a basketball court by putting tables on their sides on the half court line to form a fourth wall of the play area (the other three walls are the walls of the gym). Grab an exercise ball to use instead of the normal gaga ball. We used a nineteen inch ball, but any large bouncy ball should work.

Once the play area is set up, players will try to get each other out by hitting each other with the ball. In regular gaga, if the ball hits you from the knees down, you're out. But in Giant Gaga, if the ball hits you from the *waist* down, you're out. Also, instead of exiting the play area when you are out, players will sit down right where they are. People who are sitting can then try to redirect the ball into the remaining players! The last player standing wins!

Watch the
Video Explanation Here!

